

Resources for pharmacy technicians

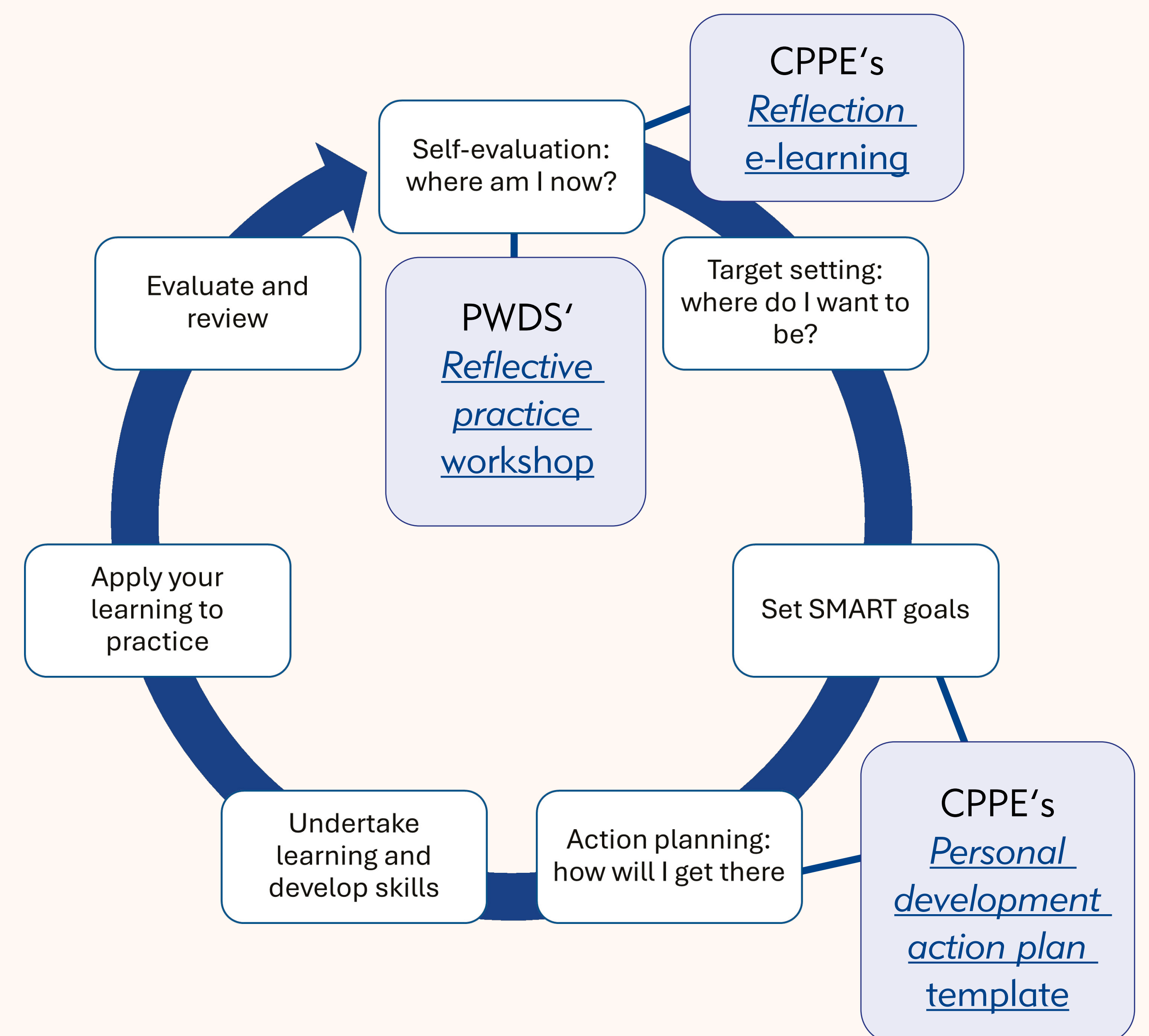
Unlock your potential in three simple steps

STEP 1

Plan. Take control of your professional development.

*"Where are you now? Where do you want to be?
How are you going to get there?"*

Developing yourself begins with taking initiative. Reflection and self-assessment help identify your learning needs and set personalised goals. If you plan your actions, you can create your path.



STEP 2

Choose your learning and expand your development

The four pillars of practice¹

Clinical practice	Education	Leadership	Evidence, research and development
Providing high quality healthcare that is safe, effective and person centred.	Enabling effective learning in the workplace.	Leading and fulfilling management responsibilities.	Engaging in research activities and using evidence to inform practice and improve services.
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"The PWDS General Practice Pharmacy Technician training programme provided clear and structured training on specific aspects of my role in primary care focused on pharmacy technicians ... The course was engaging, interesting and specific to my role, with ample opportunities for reflection and development."

Lauren Hall, medicines management pharmacy technician, 'South Somerset West' PCN

"There is nothing more rewarding than watching people progress in their pharmacy careers, and continue to support patient services."

Jenny Maby, lead pharmacy technician, education and training, University Hospitals Bristol and Weston NHS Foundation Trust



"The CPPE Chief Pharmaceutical Officer Pharmacy Leaders Development Programme has challenged me to grow as a leader. I've learned to handle complex situations, work with different perspectives, and reflect on my strengths and areas for improvement."

Mary Carter, pharmacy education project lead, Bristol, North Somerset and South Gloucestershire Training Hub



"If you are constantly asking 'but why?', there is a researcher within you. The pathway towards that goal is in your hands. In the words of Forsey and Cara (1983): 'Take your passion and make it happen'"

Alison Hemsworth, pharmacy technician, postgraduate researcher

STEP 3

Take action

Professional development is more than reading an article, completing an e-learning or attending a workshop. The key to growth comes when you start putting your **learning** into **action**. As you progress, you move from knowing how to do something to doing it in practice. To become confident and competent, skills need to be practiced and fine-tuned through assessment and feedback. How do you currently do this? How will you plan to do this?

Any questions? You can contact info@cppe.ac.uk OR pwds@uhbw.nhs.uk

Reference

1. NHS Education for Scotland. *Four pillars of practice*. Accessed 11 October 2024. Available at: <https://bit.ly/4pillprac>